

SUMMER SIZZLER 2021



Sunday 24 January 2021

25m Indoor Pool - Rotorua Aquatic Centre



SESSION ONE

Warm up 8.30am Start 9.00am

- Event 1 200 Backstroke
- Event 2 50 Freestyle
- Event 3 400 Medley
- Event 4 50 Breaststroke
- Event 5 200 Freestyle
- Event 6 100 Butterfly
- Event 7 50 Backstroke
- Event 8 200 Breaststroke
- Event 9 100 Medley
- Event 10 4x50 Medley Relay 10/U
- Event 11 4x50 Medley Relay 11-12
- Event 12 4x50 Medley Relay 13/O
- Event 13 800 Freestyle

SESSION TWO

60 Mins after end of session one

- Event 14 200 Medley
- Event 15 50 Butterfly
- Event 16 400 Freestyle
- Event 17 100 Breaststroke
- Event 18 200 Butterfly
- Event 19 100 Backstroke
- Event 20 100 Freestyle
- Event 21 4x50 Freestyle Relay 10/U
- Event 22 4x50 Freestyle Relay 11-12
- Event 23 4x50 Freestyle Relay 13/O
- Event 24 1500 Freestyle

CONDITIONS

- *Age as at 24 January 2021.
- *Entries via SNZ database - Entry fee \$9.00 per event, Relay \$15 per team.
- *NT's are NOT accepted.
- *Electronic Timing will be used.
- *800 and 1500 Freestyle limited to two heats only (maximum 16 swimmers).
- *Chocolates awarded to 1st, 2nd, 3rd in each heat, also for age group winners 9/U, 10, 11, 12, 13-14, 15/O - Male and Female.
- *Relays 10/U, 11-12, 13/O (must be 2 male and 2 female in any order). The winning relay team in each category will receive \$100.
- *Overall top male and female highest FINA points will win all their entry fees back.
- *Close of entries midnight Thursday 21st January 2021.
- *Enquiries to Swim Rotorua Recorder - swimrotoruarecorder@gmail.com Phone 022 332 6922